



# Male rhinoplasty now a mainstream operation

SYDNEY PLASTIC SURGEON **DR DARRYL HODGKINSON** SAYS MALE RHINOPLASTY IS ON THE RISE. HERE HE EXPLAINS THE ESSENTIALS OF RESHAPING THE MALE NOSE.

**R**hinoplasty (nose reshaping surgery) for men is now a common procedure, representing 25 percent of the 500 cases or so I perform each year.

Often men have a history of nasal trauma from contact sports or accidents in their childhood or young adult life which not only affects the appearance of their nose but also their breathing.

When I consult a patient with former nasal trauma, we always test the breathing function as well as evaluate the internal structures of the nose. To determine what is best for the appearance or the outside of the nose, we use computer imaging as a tool to communicate with the patient what might be the best shape for the nose to complement their overall facial features. Sometimes to further evaluate the breathing we may need a CAT or MRI scan to aid in the planning.

Once the patient and I agree on the possible shape of the nose, we can proceed with the surgery. This is carried out as an out-patient procedure at our on-site fully licensed and accredited facility, The Double Bay Day Surgery. The entire surgery, including correction of the breathing function, usually takes about one and a half hours. A splint is worn on the nose for one week and most patients go back to work or their studies after seven to 10 days. Any discomfort can be easily managed with mild analgesia.

It must be noted that if a patient has had an unacceptable result from another surgeon and requires secondary surgery, the results are less predictable.

Overall, the satisfaction rate for male rhinoplasty surgery is very high, this being an operation that need only be done once if done right the first time. **csbm**



BEFORE



AFTER rhinoplasty by Dr Hodgkinson



BEFORE



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