



face

Is 50 the new 40 or even 30?



SYDNEY PLASTIC SURGEON **DR DARRYL HODGKINSON** SAYS THE NUMBER OF YOUNGER PEOPLE SEEKING A FACELIFT IS RISING – AND FOR GOOD REASON.

The trend in the past five to 10 years has been for women to have facelifting surgery at a younger age. Now the majority of patients seeking a facelift are in their early 50s. There are many positives to this trend.

For one, patients in their 50s are generally in better health than those in their 60s and 70s. Patients (both women and men) will also have more years in which to enjoy their result.

Another important positive is that the result will not be as drastic – instead of transforming from an old-looking face to a significantly younger face, performing a facelift at a younger age results in a more refreshed and rejuvenated appearance. Sagging facial tissues will still be lifted and repositioned but the result won't be as stark as seen in an older person after a facelift.

What is less obvious but perhaps even more important is that a facelift and/or necklift performed at the first signs of ageing allows the person to continue to interact, dress and live as they have been accustomed to, without first having been perceived as old not only by others but by themselves. We all know that feeling of waking up and feeling good about the way we look and how that shapes our day and our interactions. Conversely, once we start to shy away from the mirror as we start to look older and tired, it can also negatively shape the way we project ourselves and interact with others.

I have been performing face and neck lifting procedures for more than 30 years and in that time have developed techniques which I now publish in the world's plastic surgical journals on how to restore the normal youthful contours of the face and neck without creating a tight or operated on look.

What is most important is to address all the aesthetic areas of the face at the same time, what is called "pan-facial rejuvenation" to ensure that the face and neck have a uniformity in their appearance.

‘ The number one predictor of the final result is the expertise and experience of the surgeon ’

Today, the stigma formerly attached to facelift surgery is no more – if the surgery is performed properly. Gone are the days when it was acceptable to have a tight face and a sagging neck. This is only true, however, in the hands of a surgeon who is highly experienced in face and neck lifting surgery. The number one predictor of the quality of your result will be the expertise and experience of your surgeon. **csbm**



BEFORE



AFTER facelift, upper blepharoplasty and rhinoplasty by Dr Hodgkinson



BEFORE



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BEFORE



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BEFORE



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